

Outcome adaptive intervention roll out in stepped-wedge cluster randomised trials

Michael Grayling and Sofía Villar



Outcome adaptive SW-CRTs

Methods

Results

Discussion

SW-CRTs



• Routinely, talks on SW-CRTs would end with comments like:

"Isn't it unethical to give the intervention to everyone when you don't know if it works?"

"It's great everyone will get the intervention if it works, but what if it doesn't?"

- To which there were fairly standard responses:
 - Every cluster will get the intervention, but not necessarily every individual
 - You could choose sequences such that some clusters don't receive the intervention
 - Typically, we're not referring to pharmaceutical interventions, so usually concerns around safety/futility might not apply
- Nonetheless: maybe there are instances where this should concern us? If this is the case, what can we do?

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Discussion

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- This is not dissimilar to a commonly discussed problem in early phase cancer trials
 - Historically non-randomised, with everyone receiving the experimental treatment
 - Now a large number of randomised trials with 1:1 allocation
 - More recently some work pushing towards using heavily skewed allocation ratios or...
- Outcome adaptive treatment allocation

Outcome adaptive designs

• Through a series of interim analyses, update the allocation ratio in favour of the treatment that is working best

Results

• Still monitor power, to permit reliable decision making



Discussion

Outcome adaptive designs



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Outcome adaptive SW-CKT

• So how should this work in a SW-CRT?



Increasing treatment effect

- Bigger question: how and will it work?
 - Treatment effect estimation more complicated: most of the literature for binary outcomes from individuals
 - We're making modifications for clusters already in the trial, as opposed to a new set of patients
 - A large number of interim analyses would be impossible
 - Can't undue 'mistakes' in modifications easily because of one directional switching
 - Potential lack of granularity to possible modifications

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draw_swcrt(sw)

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Discussion

Outputs .pptx, .png, or .docx of the design

> sw ← rbind(c("C", "T", "I", "I", "I", "M"), c("C", "C", "T", "I", "I", "I"),

R function that draws SW-CRT designs given a simple matrix describing state in each cluster-period

R Script 🕀

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Background

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Methods

Can handle transition periods and incomplete block designs

An aside: Drawing SW-CRT designs

Results

Hypothesis and analysis

Background

Methods



- Specify set of time periods $\{t_1, t_2, ...\}$ after which the roll out can be modified
- Specify treatment indicators X_{ij} for clusters 1, ..., C for time periods 1, ..., t₁, and number of
 measurements m to gather per cluster-period

Results

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• Assume a linear mixed model will be used to analyse the data after time period t = 1, ..., T:

$$\mathbf{y}_t = \mathbf{D}_t \boldsymbol{\beta}_t + \mathbf{Z}_t \boldsymbol{u}_t + \boldsymbol{\epsilon}_t$$

• Within $\boldsymbol{\beta}_t$ is a parameter for the intervention effect, θ . Use Wald test statistics:

$$Z_t = \frac{\hat{\theta}_t}{\sqrt{\operatorname{Var}(\hat{\theta}_t)}} = \hat{\theta}_t \sqrt{I_t}$$

• Level α one sided test at final analysis: $Z_T > \Phi^{-1}(1-\alpha)$. Desired power of $1-\beta$ when $\theta = \delta > 0$

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Choosing a design: Balancing ethics and power

- At a particular interim analysis, we need a method for choosing between some list of possible choices for the *X*:
 - Can specify the possible choices for X in a number of ways, accounting for logistical or practical constraints
 - Require/not require everyone cluster to receive the intervention
 - Make sure the model is identifiable
 - Most efficient is placing no restriction on *X*





Choosing a design: Balancing ethics and power

• Need two functions. One to evaluate X based on ethical considerations, and one on power. Combine for an overall score:

SCORE(X) = wETH(X) + (1 - w)POW(X)

- Choose the *X* that maximises the score
- There is a logical option for the power function:

$$POW(X) = \frac{I_T(X)}{\max_{\text{allowed } X'} I_T(X')}$$

where $I_T(X) = \{ Var(\hat{\theta}_T | X) \}^{-1}$ is the information level at the final analysis

• Divisor here is because $ETH(\cdot)$ and $POW(\cdot)$ may not exist on the same scale

Ethical component: Desired features

- Some sensible features exist in generality
- It should recommend no additional clusters receive the intervention when $\theta \to -\infty$

• It should recommend every cluster receives the intervention immediately when $\theta \to \infty$

- In-between it should recommend some intermediate proportion of clusters receive the intervention
- Ideally, it should be monotonically increasing in the proportion of time spent in the intervention condition as θ increases









- Specify a range of values for Z_t between which we use a balanced roll out:
 - $Z_t < l$ then stop the roll out
 - $Z_t > u$ then immediate roll out
 - $l \leq Z_t \leq u$ then use a balanced roll out
- Similar to including futility/efficacy stopping
- Does 'work' *but* to maintain power you typically can only terminate roll out/shift to immediate roll out at extreme effect sizes
- Need to recommend a broader range of designs, with the option for less certainty

Background

Ethical component: Useful option

Methods

- Learn from previous approaches taken for block randomised designs
- Determine the proportion of clusters to allocate to the intervention in the next period using the density of a binomial distribution
- The number to switch, *N*, after time period *t* should follow the following distribution:

$$N \sim \text{Bin}\left[N_{\text{control}}, \Phi\left\{\frac{Z_t - m}{s\left(1 - \frac{t}{T}\right)}\right\}\right]$$

Outcome adaptive SW-CRTs

- Scale parameters *m* and *s* > 0 included:
 - *m* is the value of Z_t at which we recommend 50% switch
 - Increasing *s* allows us to skew recommendation towards 50%
- Score the ethics of X using the densities. E.g., if X switches one cluster $ETH(X) \propto \mathbb{P}(N = 1)$



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Example: Design parameters

Background

Consider a cross-sectional trial analysed using the HH model:
 ρ = 0.1, σ² = 1.1

Methods

- 20 clusters and 9 time periods. Fixed sample design has $\beta=0.2$ for $\delta=0.24$ with $\alpha=0.05$
- Compare to outcome adaptive designs that can adapt following time periods 3 or 6
 - Using the same roll out for time periods 1-3
- All have w = 0.5, to give equal consideration to ethical/power components
- Rough rule: more analyses more efficient
 - Caveats to this if you analyse too early





Results

Outcome adaptive SW-CRTs

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Example: Adaptive grid search

- To find a suitable design need to search over the parameters *m* and *s*
- Computationally intensive as simulation required
 - So actual algorithm to find best combination of *m* and *s* not feasible
- Hard to say in advance which combinations will lead to designs with desirable operating characteristics: adaptive grid search is helpful
- Looking to maintain type I and type II error-rates and decrease/increase roll out as appropriate
- Nonetheless, there is some redundancy in the search space
 - Give 3 examples

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Average designs



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Power



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Outcome adaptive SW-CRTs





Discussion



When might this be useful?

- Unlikely to be helpful/needed in many typical cases
 - Where the trial is an evaluation of a planned roll out
 - Where the intervention has limited safety concerns/costs associated with it
- Could be helpful if there are substantial differences in cost between the conditions
- Could also be relevant, for individually randomised stepped wedge, to certain rare diseases?
 - Don't 'spend' your potential pool of patients unless the intervention appears to work

Discussion

Deciphering assumptions about stepped wedge

Ben A Lopman, Travis C Porco, Lauren Ancel Meyers, Jonathan Dushoff

designs: the case of Ebola vaccine research

Adélaïde Doussau, Christine Grady



When might this be useful?

- Like settings where outcome adaptive designs have been proposed to be useful, most likely relevant when there are substantial safety/ethical concerns
- SW-CRTs much discussed in context of evaluating vaccines during an epidemic:

Quantifying ethical tradeoffs for vaccine efficacy trials during severe epidemics

Steven E. Bellan^{*1,2}, Juliet R.C. Pulliam^{3,4}, Rieke van der Graaf⁵, Spencer J. Fox⁶, Jonathan Dushoff⁷, Lauren Ancel Meyers^{6,8}

Vaccine testing for emerging infections: the case for individual randomisation Nir Eyal,¹ Marc Lipsitch² Issues in the Use of Stepped Wedge Cluster and Alternative Designs in the Case of Pandemics Ingeborg van der Tweel^a & Rieke van der Graaf^a

Statistical power and validity of Ebola vaccine trials in

Steven E Bellan, Juliet R C Pulliam, Carl A B Pearson, David Champredon, Spencer J Fox, Laura Skrip, Alison P Galvani, Manoj Gambhir,

Sierra Leone: a simulation study of trial design and analysis

Novel Ordered Stepped-Wedge Cluster Trial Designs for Detecting Ebola Vaccine Efficacy Using a Spatially Structured Mathematical Model

Ibrahim Diakite¹*, Eric Q. Mooring², Gustavo E. Velásquez^{3,4,5}, Megan B. Murray^{1,2,6,7}*

Emergency Ebola response: a new approach to the rapid design and development of vaccines against emerging diseases

Stepped-wedge trial design to evaluate Ebola treatments *Jolanta Piszczek, Eric Partlow

Claire M Tully, Teresa Lambe, Sarah C Gilbert, Adrian V S Hill

Discussion

When might this be useful?



- Actually a setting where the resources would be in place to carry out an interim analysis
- Outcome is also quickly evaluated, which is *very* important to adaptive design:

"a shorter time between intervention and outcomes is expected, such as in the case of an Ebola outbreak"

Piszczek and Partlow (2015)

• You do want to give the intervention as quickly as possible if it works, but perhaps not if it doesn't:

"At the time SW designs were of potential interest for studying experimental Ebola vaccines, there were **very few data about the safety** or immunogenicity of any of the vaccine candidates. Therefore, **proposals to use SW designs were based on hope** (rather than preliminary data) that the vaccines might do more good than harm."

"Furthermore, when considering the use of SW design for experimental drugs or vaccines, **interim analysis** and stopping rules for efficacy, safety and futility **might be necessary**"

Doussau and Grady (2016)

"If little or nothing is known about this intervention, it **may turn out as equivalent to control**, or at least not superior. In case of inferiority of the intervention, clusters are exposed longer than perhaps necessary to the inferior treatment"

van der Tweel and van der Graaf (2013)



- It is possible to reliably adapt the roll out in an ethical manner, without compromising (substantially) on the type I and type II error-rates
 - Surprising!
 - Even true for small *C* and *T*
- Aided by the fact that there are often a wide range of designs that meet the power requirements
- There is also a natural way to control the allocation to the two arms



- Desirable performance also possible with a limited number of interim analyses
- Nonetheless, would be complicated in practice. More work needed to precisely assess utility